

Personal, Social and Emotional Development:



- Ask your child to help put his/her dishes away after breakfast, lunch and dinner and to help put washing away.
- Play games that encourage turn-taking. It's ok if your child needs to wait for his/her turn!

Early Mathematical Experiences:

- Your child could help with sorting his/her toys into object, shape or colour.
- During October we have been talking about autumnal colours: **yellow**, **orange**, **brown** and **red**. Talk to your child about **colours** and **shapes** that you can see around the home.

World Around Us:



- Collect leaves around your garden (if you can or ask a friend to gather some and drop at your door). Talk about colours, size (biggest/smallest) and shape.
- We love learning about the changes in the weather. Talk about the types of clothes we need to wear in Autumn and how it gets dark earlier.

October 2020



Home Learning



Language Development:



- Read to your child and talk about the story with your child. You can access lovely Autumn stories on **youtubekids** e.g. 'The Leaf Man' or 'We are Going on a Leaf Hunt.'
- Make up stories with your child. Let your child be the main character and build the story around them, including their favourite interests.

Physical Development & Movement:



- Tearing newspaper, paper, card and cardboard. If you have finished with that box of cereal, let your child tear it apart! This is great for developing your child's finger muscles, which will help with their pre-writing skills.
- In the garden/yard, let your child ride his/her bike or scooter.



The Arts:



- With the collected leaves, you could make a **Leaf Man**, **hedgehog** or **Autumn tree**. Talk about the beautiful autumn colours.
- A rainmaker – Let your child decorate a kitchen roll tube using markers or paints. Put some cling film on the top then put in dried rice, pasta or dried peas. Put some more cling film on the bottom, and tie with elastic bands or hair bobbles to keep in place.

Autumn Leaves



(Tune: *London Bridge is Falling Down*)

Autumn Leaves are falling down,
Falling down, falling down.
Autumn leaves are falling down,
On the ground.
Get a brush to sweep them up,
Sweep them up, sweep them up.
Get a brush to sweep them up.
Sweep them up.

Pumpkin, Pumpkin.



(Tune: *Twinkle, Twinkle, Little Star*)

Pumpkin, pumpkin on the ground,
How'd you get so big and round?
Planted as a seed so small
Grown into a great big ball.
Pumpkin, pumpkin on the ground,
How'd you get so big and round?

Playdough Recipe



2 cups of plain flour
1 cup of salt
2 cups of hot water
2 teaspoons of cream of tartar
2 tablespoons of vegetable oil
1 teaspoon of food colouring

Mix all ingredients together until it forms a non-sticky dough!



Other Useful Links/Ideas:



We are learning the **Rufus Handwashing** song. You can have a go at home. See link below:

www.safefood.net/handwashing

We love **Mr Hullabaloo** in Nursery!

<https://youtu.be/XJf0bnEo8RE>

Our **library** services are still open.

Please see link to access books:

www.librariesni.org.uk

Bedtime Stories:

www.bbc.co.uk/cbeebies or watch the Freeview T.V. channel at 18:50 every evening.

There are some lovely outdoor ideas on the Family Zone at

www.forestschoolorawards.org

Crunch time - hang an apple or apples from a tree or clothes line. Blindfold your child and direct them towards the hanging apple(s). They will need to use all their skills to take big bites out of the apple(s). Why not have a race with them and see who wins. (NI Forest Schools).